

CLEAN *Shopping* GUIDE

TAKE THIS LIST TO THE STORE WITH YOU OR CLICK ON EACH ITEM BELOW TO SHOP ONLINE

AMAZON

ORGANIC PEANUT BUTTER
WILD AHI YELLOWFIN TUNA
ORGANIC SPIRULINA POWDER
ORGANIC STRAWBERRY POWDER
ORGANIC BLUEBERRY POWDER
QUINOA & RICE FUSILLI
QUINOA & RICE SPAGHETTI
QUINOA & RICE PENNE
ORGANIC PUMPKIN SEEDS
ORGANIC SUNFLOWER SEEDS
ORGANIC BROWN FLAX SEEDS
ORGANIC BLACK CHIA SEEDS
ORGANIC HEMP SEEDS
ORGANIC GREEN LENTILS
ORGANIC BLACK LENTILS
ORGANIC CANNELLINI BEANS
ORGANIC BLACK BEANS
WILD BLEND RICE
ORGANIC RAW CASHEWS
ORGANIC GREEN TEA
ORGANIC HIBISCUS TEA
ORGANIC LAVENDER MINT TEA
KETO COCOA CEREAL
CLEAN FRUIT BARS
CHEESY POPCORN
APPLE CIDER VINEGAR CHIPS
HONEY DIJON CHIPS
CELTIC SEA SALT
ANCIENT SEA SALT
RAW MANUKA HONEY
MANUKA HONEY LOLLIPOPS
COLD & FLU RELIEF
EPSOM SALT

COSTCO

DARK CHOCOLATE COCONUT BARS
ORGANIC VIRGIN COCONUT OIL
ORGANIC COCONUT WATER
ORGANIC CRACKERS
ALMOND FLOUR CRACKERS
ORGANIC PITTED DATES
ORGANIC BRAZIL NUTS
ORGANIC CHIA SEEDS
ORGANIC COCONUT MILK
ORGANIC FRUIT SAUCE
ORGANIC QUINOA
EXTRA VIRGIN OLIVE OIL
ORGANIC HEMP HEARTS
ORGANIC CACAO POWDER
ORGANIC RAISINS
MILLET & BROWN RICE RAMEN
AVOCADO TOAST CRACKERS
MISO MARINATED BLACK COD
WILD ALASKA SOCKEYE SALMON
HADDOCK FILLETS
WILD CAUGHT ARGENTINE SHRIMP
FROZEN WILD BLUEBERRIES
FROZEN ORGANIC MANGO
FROZEN ORGANIC PEAS
FROZEN ORGANIC CORN
FROZEN ORGANIC BROCCOLI



YOUR HOLISTIC COMPASS